



# WE'RE HIRING

## Team Nutritionist

## Independent Contractor

### Overview

If you are a dedicated and passionate nutrition professional looking to share your expertise with clients and help them lead healthier lives, we invite you to apply. Join us in making a positive impact on people's health through proper nutrition.

The CNS credential OR completing the CNS Supervision is required.

Ross Nutrition Team is an equal-opportunity employer and welcomes applications from all qualified candidates.

Independent Contractors will be employed by  
Kim Ross Consulting LLC dba Ross Nutrition Team





## **Job Description:**

We are seeking highly motivated and skilled Independent Contractor Nutrition Professionals to provide expert dietary guidance, nutritional assessments, and counseling services to clients on an as-needed basis. As an independent contractor, you will have the flexibility to set your own schedule and work with clients both in-person and remotely. Your role will involve helping individuals make informed decisions about their diets, promote healthy eating habits, and support them in achieving their nutritional goals.

## **Responsibilities:**

1. **Nutritional Assessment:** Conduct thorough nutritional assessments to understand clients' dietary habits, medical history, and goals. Utilize various tools and measurements to gather relevant data.
2. **Personalized Nutrition and Lifestyle Plans:** Develop personalized nutrition and lifestyle plans tailored to each client's specific needs, taking into account dietary preferences, allergies, cultural considerations, and readiness for change.
3. **Nutritional Counseling:** Provide one-on-one or group counseling sessions to educate and motivate clients about healthy eating habits, portion control, and mindful eating. Address their concerns and questions effectively.
4. **Tracking and Monitoring:** Help clients track their progress and make necessary adjustments to their recommendations. Monitor their adherence to recommended dietary and lifestyle changes.
5. **Nutritional Education:** Stay updated on the latest research and trends in nutrition to offer evidence-based advice. Educate clients about the importance of nutrition in maintaining a healthy lifestyle.
6. **Client Support:** Offer ongoing support and encouragement to clients, guiding them through challenges and setbacks. Maintain a positive and empathetic approach.
7. **Documentation:** Keep accurate records of each client's assessment, goals, progress, and counseling sessions. Ensure confidentiality and compliance with all relevant HIPAA regulations.
8. **Self-Promotion:** As an independent contractor, you will be responsible for promoting your services, managing client relationships, and ensuring your schedule is filled.



## **Requirements**

1. **Education:** A master's degree in nutrition, dietetics, or a related field. State licensure, certification as a Certified Nutrition Specialist (CNS), OR completing the Supervised Practice Experience (SPE) for the CNS credential is required.
2. **Experience:** Previous experience in nutritional counseling is preferred. Knowledge of a wide range of dietary preferences, cultural diets, supplements, and age groups is a plus.
3. **Communication Skills:** Excellent communication and interpersonal skills. Ability to build rapport with clients and effectively convey complex nutritional information. Utilization of motivational interviewing skills.
4. **Empathy:** Compassion and understanding in dealing with clients' unique needs and challenges.
5. **Flexibility:** Willingness to work independently as an independent contractor with a flexible schedule to accommodate clients' availability and your needs.
6. **Technical Skills:** Proficiency in using nutritional analysis software and a good understanding of computer applications for communication and charting.
7. **Business Acumen:** Ability to manage your client base and promote your services effectively.
8. **Ethical Practice:** Comply with all ethical and legal guidelines in the field of nutrition.
9. **Organization:** Strong organizational skills and attention to detail with an ability to work independently and manage your client caseload effectively.
10. **Professional Liability Insurance:** Provide proof of current liability insurance.



### **Benefits:**

- Flexible work schedule as an independent contractor. Work as much or as little as you need or want to.
- Competitive compensation (split-fee arrangement) based on the number of clients you serve.
- Access to the company's EHR platform, video conferencing, email, and phone number.
- The potential to expand your client base and grow your nutrition consulting business with the experience of an established clinic to support you.
- Personal and professional fulfillment in helping individuals achieve their health and nutrition goals.
- Supportive team environment and the opportunity to collaborate with other nutrition professionals.
- Discounted pricing on CNS SPE program if CNS Supervision is required.

### **How to Apply:**

Please submit the following to [kim@rossnt.com](mailto:kim@rossnt.com):

1. A cover letter detailing your relevant experience and qualifications. Please indicate if you will be requiring CNS supervision upon joining the team.
2. Your resume.
3. In a clear and concise manner, answer the following questions:
  - What motivated you to pursue a career in nutrition?
  - What specific areas of health and/or nutrition are you most passionate about?
  - What dietary patterns are you most drawn to?
  - How do you ensure your dietary biases remain "in check" when working with clients?
  - Why do you want to join the Ross Nutrition Team?

Please do not exceed 1,500 words total when answering the above questions.